

## **FOURTH COUNCIL DISTRICT SENIORS COMMISSION**

### **OFFICE TO OPEN IN OUR DISTRICT**

July 11, 2003, has been selected by Councilman Lewis to hold an open house for our new 4<sup>th</sup> Council District Office. He wants to bring City government closer to our residents. The Grand Opening will be from noon until 5:00 p.m. The community is invited to come out to see our facilities and meet our staff. The building is located at 6385 Imperial Avenue, San Diego, CA 92114.

Services to be offered will include basic constituent needs such as being able to meet directly with community representatives concerning neighborhood problems and issues. Also, residents will be able to keep appointments with Councilman Lewis in the District on specified days, thus, avoiding downtown parking problems.

### **Many Community Events were Celebrated on "Juneteenth"**

On June 19, 2003, or "Juneteenth" as it is known by residents of Texas and Louisiana, the Fourth District Councilman Charles Lewis began his day with the unveiling of African-American Heritage Cultural Magazine which is sponsored by the City of San Diego Arts & Cultural Commission. The event took place at 10:00 a.m. at Malcolm X Library and Performing Arts Center. At 11:00 a.m., he joined the 4<sup>th</sup> District Seniors Resource Center and Metro Chapter 4916 in their event at Martin Luther King Park and Recreation Center.

The next stop was at 12 noon at the Community Concourse at the City Administration Center (City Hall), where local officials joined in commemorating "Juneteenth". The day ended with the momentous occasion of the unveiling of the Earl B. Gilliam Sculpture at the Hall of Justice lobby located at 330 West Broadway downtown.

### **WINNER OF GEORGE FOREMAN GRILL ANNOUNCED**

The Fourth District Seniors Resource Center and Metro AARP Chapter 4916 wishes to thank all those who purchased raffle tickets on the George Foreman Grill. The raffle was held at the "Juneteenth" event at the Martin Luther King, Jr. Park on Thursday, June 19, 2003.

Ms. Rodriguez is a member of District One's Councilman Scott Peters' staff. She is a native San Diegan who is currently working toward a degree in Journalism. City Council staff members on the 10<sup>th</sup> floor bought almost \$200.00 in tickets. We thank them for their support of this effort to raise funds for our organizations.

### **HOMEOWNER AND RENTAL ASSISTANCE AVAILABLE**

Assistance will be offered again this year under the Homeowners/Renters Assistance Program. The program runs from July 1, 2003 until October 14, 2003, and is by appointment only. If you need assistance in filing your Homeowner (FTB 9000) or Renter (FTB 9000) forms, please call the Seniors Resource Center at (619) 266-2066 and schedule an appointment.

You will need to bring the following with you:

**JULY 2003**

**ROSEMARY WHITE-POPE, CHAIR**

**PHONE: (619) 266-2066**

Proof of age or disability  
Federal & Income Tax Returns  
Property tax bill (if a homeowner)  
Claim form  
Other income records

### **HICAP HELP**

HICAP (Health Insurance Counseling and Advocacy Program) provides help to persons on MediCare to understand their MediCare benefits, Supplemental insurance, HMO options, and long-term care insurance.

HICAP will help you:

Understand Medicare benefits  
Receive benefits that you are entitled to  
Compare MediCare insurance plans  
Explore long-term MediCare options  
Prepare MediCare and HMO appeals, or challenge claim denials  
Check medical bills to be sure you are being billed only for the services you receive  
Develop a system to organize your doctor and hospital bills  
Learn about government health care assistance programs  
Clarify your rights as a health care consumer

For an appointment with a HICAP Counselor, you must call the Seniors Resource Center at (619) 266-2066.

**Note: Both of the above services are available at the FDSRC on a monthly basis. However, you must call ahead of time and set up an appointment.**

### **DENTAL VAN AVAILABLE ON JULY 7TH**

Metro AARP Chapter 4916 announced that the Dental Van will be in our Community on Monday, July 7, 2003, at the Skyline Park and Recreation Center, 8285 Skyline Drive.

This service is Free to MediCal recipients and is low-cost to others. Please see the flyer in this Newsletter for more details.

### **WHITE CANE LAW**

A totally **blind pedestrian** who is carrying a predominately **white cane**, or using a **guide dog**, shall have the right-of-way, and the driver of any vehicle approaching such a **pedestrian**, who fails to yield the right of way, or to take **all reasonable necessary precaution** to avoid injury to such a pedestrian, is **guilty of a misdemeanor**, punishable by imprisonment in the county jail not exceeding **6 months, or by a fine of not less than \$500.00 nor more than \$1000.00, or both.**

### **PRECAUTIONS:**

Don't give blind pedestrians verbal instructions. They listen to all traffic sounds before deciding to step off the curb.

Don't honk at blind pedestrians.

Blind pedestrians may use the sound of your engines to locate crosswalks and sidewalk boundaries. Don't stop your car less than 5 feet from a crosswalk.